

UC Irvine School of Medicine
Continuing Medical Education



Third Annual Clinical Psychopharmacology Conference

September 26-27, 2025

Hyatt Regency Irvine
17900 Jamboree Rd., Irvine, CA 92614

Friday, September 26, 2025

7:15 - 8:00 a.m.	Registration, Breakfast & Visit Exhibits
8:00 - 8:15 a.m.	Welcome
8:15 - 9:45 a.m.	New Psychiatric Medication Practical Pearls Pritham Raj, MD
9:45 - 10:00 a.m.	Break & Visit Exhibits
10:00 - 11:30 a.m.	Schizophrenia and Other Psychotic Disorders Jason Kellogg, MD
11:30 - 12:25 p.m.	Anxiety Disorders Jaesu Han, MD
12:25 - 1:45 p.m.	Lunch & Visit Exhibits
1:45 - 2:45 p.m.	Stump the Experts Panelists: Pritham Raj, MD Jason Kellogg, MD Jaesu Han, MD Rimal Bera, MD (Moderator)
2:45 - 2:55 p.m.	Break & Visit Exhibits
2:55 - 3:55 p.m.	Resident/Student Corner Breakout Case Discussion #1: Metabolic Psychiatry Robert M McCarron, DO Shannon Suo, MD Charles Nguyen, MD Pritham Raj, MD Breakout Case Discussion #2: Anxiety Gemma Espejo, MD Jason Kellogg, MD
4:00 - 5:00 p.m.	Breakout Case Discussion #1: Metabolic Psychiatry Robert M. McCarron, DO Shannon Suo, MD Charles Nguyen, MD Pritham Raj, MD Breakout Case Discussion #2: Anxiety Gemma Espejo, MD Jason Kellogg, MD
5:00 - 5:30 p.m.	Session End & Visit Exhibits
5:30 - 7:30 p.m.	Networking Reception & Dinner

Saturday, September 27, 2025

7:00 - 8:00 a.m.	Registration, Breakfast & View Exhibits
8:00 - 8:15 a.m.	Welcome
8:15 - 9:10 a.m.	Mood Disorders Pritham Raj, MD
9:10 - 10:05 a.m.	Alcohol Use Disorder Stephen Delisi, MD
10:05 - 10:20 a.m.	Break & Visit Exhibits
10:20 - 11:15 a.m.	Insomnia Bryan Shapiro, MD Farah Khorassani, PharmD, BCPP
11:15 - 12:10 p.m.	Metabolic Psychiatry Shannon Suo, MD Charles Nguyen, MD
12:10 - 1:45 p.m.	Lunch & Visit Exhibits
1:45 - 2:45 p.m.	Stump the Experts Panelists: Bryan Shapiro, MD Stephen Delisi, MD Shannon Suo, MD Charles Nguyen, MD Farah Khorassani, PharmD, BCPP Rimal Bera, MD (Moderator)
2:45 - 2:55 p.m.	Break & Visit Exhibits
2:55 - 3:55 p.m.	Resident/Student Corner Breakout Case Discussion #3 Insomnia Bryan Shapiro, MD Adrian Preda, MD, DFAPA Breakout Case Discussion #4: Substance Use Disorder Stephen Delisi, MD Shannon Suo, MD
4:00 - 5:00 p.m.	Breakout Case Discussion #3: Insomnia Bryan Shapiro, MD Adrian Preda, MD, DFAPA Breakout Case Discussion #4: Substance Use Disorder Stephen Delisi, MD Shannon Suo, MD
5:00 - 5:30 p.m.	Session End & Visit Exhibits

Motivational Interviewing On-Demand Course (4 hours)*

*Details to access online module provided via Whova.



Scan the QR code to access or visit
uci.cloud-cme.com/2025-psychopharmacologyconference

Course Directors



Robert M. McCarron, DO

Professor of Psychiatry & Human Behavior
Associate Dean, Continuing Medical Education
Director, UC Irvine Train New Trainers
Primary Care Psychiatry Fellowship
UC Irvine School of Medicine
Director of Education,
UC Irvine Susan Samueli Integrative Health
Institute



Rimal Bera, MD

Professor of Psychiatry & Human Behavior
UC Irvine School of Medicine



Cameron Carter, MD

Distinguished Professor and Chair
of Psychiatry & Human Behavior
UC Irvine School of Medicine

Guest Faculty



Stephen Delisi, MD

Chief Medical Officer, YourPath, Inc.
President, YourPath Care, PLLC
Adjunct Assistant Professor, Hazelden Betty
Ford Graduate School of Addiction Studies



Jason Kellogg, MD

Physician, Progeny Psychiatric Clinic



Charles Nguyen, MD, DFAPA

Professor of Psychiatry and
Neurosciences
UC Riverside School of Medicine



Pritham Raj, MD

Associate Professor of Internal
Medicine and Psychiatry
Oregon Health & Science University
Consulting Associate of Psychiatry
and Behavioral Sciences
Duke University Medical Center



Shannon Suo, MD

Physician, LifeStance Health

UC Irvine Faculty



Gemma Espejo, MD

Assistant Professor of Psychiatry & Human
Behavior
UC Irvine School of Medicine



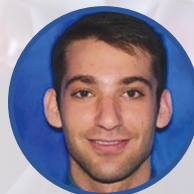
Adrian Preda, MD

Professor of Psychiatry & Human Behavior
UC Irvine School of Medicine



Jaesu Han, MD

Professor, Departments of Psychiatry &
Human Behavior and Family Medicine
UC Irvine School of Medicine



Brian Shapiro, MD

Assistant Professor of Psychiatry &
Human Behavior
UC Irvine School of Medicine



Farah Khorassani, PharmD, BCPP

Associate Professor of Clinical
Pharmacy Practice
UC Irvine School of Pharmacy and
Pharmaceutical Sciences

Clinical Psychopharmacology Conference

Purpose of the Course

The UC Irvine School of Medicine Third Annual Clinical Psychopharmacology Conference provides an updated and targeted approach to the treatment of common psychiatric disorders related to depression, anxiety, bipolar disorder, psychosis, insomnia and others. This course provides valuable and evidence-based updates for psychiatrists, psychiatric nurse practitioners, as well as advanced topic learning for primary care providers who wish to improve their knowledge with use of psychotropic medication management in the busy primary care setting. Students and psychiatry residents are welcome to attend and participate in specially designed "Resident Corner" sessions.

This event is presented by UC Irvine School of Medicine in partnership with Mental Health Association of Orange County.



UC Irvine School of Medicine
Train New Trainers Fellowships

UC Irvine School of Medicine
Department of Psychiatry & Human Behavior

Target Audience

This activity is designed for physicians, Psychiatrists and other healthcare providers. Students and residents are welcome to attend and participate in specially designed "Resident/Student Corner" sessions.

Learning Objectives

After completing the learning activity, the participant should be able to:

Provide a foundational overview of psychopharmacological treatment in those with behavioral health conditions. Discuss novel treatments for those struggling with behavioral health conditions.

Provide standard of care approaches to enhance and understand individualized levels of motivation to optimize care.

Discuss the importance of recognizing mental health related stigma and how this can adversely influence care.

Provide a framework for treatment of the following conditions: Depression, anxiety, insomnia, psychosis, movement disorders and others.

Accreditation Statement

The University of California, Irvine School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Designation Statement

The University of California, Irvine School of Medicine designates this live activity of a maximum of 17.5 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement

It is the policy for the University of California, Irvine School of Medicine and University of California CME consortium to ensure balance, independence, objectivity and scientific rigor in all CME activities. Full disclosure or conflict and resolution will be made in writing via handout materials of syllabus.

Registration

Registration for this course is available at uci.cloud-cme.com/2025-psychopharmacology-conference

To ensure a spot in this course, early registration is strongly encouraged.

Registration Fees

- \$295 Psychiatrists, Physicians
- \$275 UCI Physicians, Other Healthcare Providers
- \$175 UCI Nurses
- Complimentary - Residents, Medical Students and Healthcare Professionals Students*

*Must complete scholarship questions in the registration form.

Registration fees include both days of the conference, the evening reception, continental breakfast, lunch and CME certificate. For more information, contact CME Office at cme@hs.uci.edu

Accommodations

Hyatt Regency Irvine
17900 Jamboree Rd.
Irvine, CA 92614
949-751-1234

Special discounted hotel room rates will be available for early booking as space is limited. We recommend making travel arrangements early. All attendees are responsible for their own reservations. The standard hotel individual reservation cancellation policy will apply.



California Assembly Bill 1195 and 241

This activity is in compliance with California Assembly Bill 1195 and 241, which require CME activities with patient care components to include curriculum in the subjects of cultural and linguistic competency & implicit bias. It is the intent of AB 1195 and AB 241 to encourage physicians and surgeons, CME providers in the State of California, and the Accreditation Council for Continuing Medical Education to meet the cultural and linguistic concerns of a diverse patient population and reduce health disparities through appropriate professional development. Please see the CME website, <https://medschool.uci.edu/cme>, for AB 1195 and AB 241 resources.

ADA Statement

In compliance with the Americans with Disabilities Act, we will make every reasonable effort to accommodate your needs. For any special requests, please contact CME Office at 949-824-9163 or cme@hs.uci.edu.

Target Audience

Specialties – Emergency Medicine, Family Medicine, Medicine, Neurology, Psychiatry & Human Behavior, General Internal Medicine & Primary Care

Professions – Physician, Allied Health Professional, Medical Student, Nurse, Nurse Practitioner, Physician Assistant, Resident Physician, Clinical Social Worker, Psychologist, Marriage and Family Therapist

Activity Objectives

- Provide a foundational overview of psychopharmacological treatment in those with behavioral health conditions.
- Discuss novel treatments for those struggling with behavioral health conditions.
- Provide standard of care approaches to enhance and understand individualized levels of motivation to optimize care.
- Discuss the importance of recognizing mental health related stigma and how this can adversely influence care.
- Provide a framework for treatment of the following conditions: Depression, anxiety, insomnia, psychosis, movement disorders, and others.

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CE Credits

The Orange County Health Care Agency is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs (Provider # 62340). This course meets the qualifications for 13.5 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. The Orange County Health Care Agency maintains responsibility for this program and its content.

For grievance concerning the Orange County Health Care Agency's Continuing Education Program, please write to Behavioral Health Training Services at 750 The City Dr South, Ste 210, Orange, CA 92868 or call (714) 667-5600.

For LMFTs/LCSWs/LPCCs/LEPs requesting CE credits, a link to the evaluation will be emailed to participants who completed the entire training 3 - 4 business days after the training. The evaluation link will be active for 3 business days after the email. Complete the evaluation only once. The Certificate of Completion (CE) will be available for download in exchange for completing the evaluation.

California Assembly Bill 1195 and 241

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ABFM, ABPM, and ABPN (13.5 credits)

Through the American Board of Medical Specialties ("ABMS") ongoing commitment to increase access to practice relevant Continuing Certification Activities through the ABMS Continuing Certification Directory, Third Annual Clinical Psychopharmacology Conference has met the requirements as a Lifelong Learning CME Activity (apply toward general CME requirement) for the following ABMS Member Boards:

ABMS Lifelong Learning CME Activity

Family Medicine
Preventative Medicine
Psychiatry and Neurology

ABIM (13.5 credits)

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 13.5 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Acknowledgment of Commercial Support

No commercial support has been received for this activity.

Sponsors















UC Irvine School of Medicine, Department of Psychiatry and Human Behavior
UC Irvine School of Medicine, Train New Trainers Fellowships
Mental Health Association of Orange County

Exhibitors

AbbVie, Inc.
Alkeremes
Biogen
Bristol Myers Squibb
CareCOMM Marketing
Collegium Pharmaceutical
Creative Planning | Wealth Management
Dr. Shapiro's Psychopharmacology Blue Book
Intra-Cellular Therapies
Johnson & Johnson Innovative Medicine
Mariners Wealth
Mental Health Association of Orange County
Neurocrine Biosciences
Otsuka
Teva Pharmaceutical Company
TNT Primary Care Fellowships

Mitigation of Relevant Financial Relationships

University of California, Irvine School of Medicine Continuing Medical Education adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CE activity, including faculty, planners, reviewers or others are required to disclose all relevant financial relationships with ineligible entities (commercial interests). All relevant conflicts of interest have been mitigated prior to the commencement of the activity.

Member Information	Role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
 Jen Reino, CHCP Director of CME UC Irvine School of Medicine	Activity Administrator	Nothing to disclose
Alyssa Doughty, MBA CME Coordinator UC Irvine School of Medicine	Activity Coordinator	Nothing to disclose
Amy Ortega, Other CME Coordinator UC Irvine School of Medicine	Activity Coordinator	Nothing to disclose
 Rimal Bera, MD Professor, Department of Psychiatry and Human Behavior UC Irvine School of Medicine	Co-Director, Faculty	Nothing to disclose
 Cameron Carter, MD Distinguished Professor and Chair, Department of Psychiatry and Human Behavior UC Irvine School of Medicine	Co-Director, Faculty	Nothing to disclose
 Robert M McCarron, DO Professor of Psychiatry and Human Behavior; Associate Dean, Continuing Medical Education; Director, UCI Train New Trainers Primary Care Psychiatry Fellowship UCI School of Medicine; Director of Education, UCI Susan Samueli Integrative Health Institute UC Irvine School of Medicine	Course Director, Faculty	Consulting Fee-Otsuka America Pharmaceutical, Inc.(Speakers Bureau-Alkermes
 Stephen Delisi, MD YourPath	Faculty	Executive-YourPath, INC
 Gemma Espejo, MD Assistant Professor of Psychiatry and Human Behavior UC Irvine Health	Faculty	Nothing to disclose
 Jaesu Han, MD Professor, Departments of Psychiatry & Human Behavior, and Family Medicine UC Irvine School of Medicine	Faculty	Nothing to disclose
 Jason Kellogg, MD Physician Progeny Psychiatric	Faculty	Honoraria-Johnson & Johnson Honoraria-Teva Pharmaceutical Industries Speakers Bureau-Otsuka America Pharmaceutical, Inc.
 Farah Khorassani, PharmD, BCPP Health Sciences Associate Professor, Clinical Pharmacy Practice School of Pharmacy and Pharmaceutical Sciences UC Irvine School of Pharmacy & Pharmaceutical Sciences	Faculty	Nothing to disclose
 Charles Nguyen, MD, Professor Department of Psychiatry and Neurosciences UC Riverside School of Medicine	Faculty	Speakers Bureau-Otsuka America Pharmaceutical, Inc. Advisor-Otsuka America Pharmaceutical, Inc. Speakers Bureau-Axsome Advisor-Bristol-Myers Squibb Company Speakers Bureau-Neurocrine Advisor-Neurocrine Speakers Bureau-Intracellular Therapeutics Advisor-Intracellular
 Adrian Preda, MD, DFAPA Professor of Psychiatry and Human Behavior UC Irvine School of Medicine	Faculty	Paid consultant-Atheneum Guidepoint, GLG, Third Bridge
 Pritham Raj, MD Associate Professor, Departments of Internal Medicine and Psychiatry Oregon Health & Science University Consulting Associate, Department of Psychiatry and Behavioral Sciences Duke University Medical Center Oregon Health & Science University/ Duke University Medical Center	Faculty	Speakers Bureau-MedStudy Internal Medicine Board Review Employment-Active Path Mental Health
 Bryan Shapiro, MD Assistant Professor, Department of Psychiatry and Human Behavior UC Irvine School of Medicine	Faculty	Stocks or stock options, excluding diversified mutual funds-Outro Health, Inc
 Shannon Suo, MD LifeStance Health	Faculty	Nothing to disclose